

## **APPENDIX B: Logic and Rhetoric Extracurricular Activities Handbook**

### **Purpose of Extracurricular Activity**

Athletics and Fine Arts play an important role in the lives of many students while attending Christian Heritage Classical School. As Christian coaches, sponsors, thespians, musicians, vocalists, and athletes, we desire to place Christ at the center of our attention, both on and off the athletic field or stage. We are to have His attitudes, His beauty, His actions, His grace, and His mindset in every endeavor. Extracurricular activities can be an excellent place to learn and practice these virtues.

### **Athletic Department Mission Statement**

CHRISTIAN HERITAGE Athletics utilize the arena of competitive sports to help students grow physically, intellectually, and spiritually as they face the challenges of competition in a manner that glorifies God.

### **Athletics Program Overview**

The **Athletics Programs** are a tool to teach that Godly character that will prevail in circumstances that are sometimes challenging or difficult. The court and the field are great classrooms to teach hard work, discipline, and the importance of working together. Athletes must learn to maintain self-control in the heat of competition, humility in victory, and self-respect in defeat. Our desire is to help our athletes deal with each situation in a manner that would bring glory to God, and that would instill in them a confidence that God will strengthen us in any temptation or struggle faced in the future.

We, as a classical Christ-centered school, should be different from the world in our attitudes and actions. We need to encourage our student participants, sponsors, coaches, and parents to pursue the elevation of Christ's reputation. We must learn to determine our success, not from the final score or rating, but in the process of becoming all God would have us be.

### **Fine Arts Department Mission Statement**

The role of the fine arts program at Christian Heritage Classical School is to encourage students to explore, discover, and develop their God-given abilities with excellence in the musical, theatrical and visual arts in order to glorify their Creator and influence their world for Christ.

### **Choral Arts Overview**

The choral program at Christian Heritage is committed to providing students with a wide range of musical experiences through both individual and group activities. Students are challenged to become confident, well-rounded musicians, possessing an appreciation for many styles and genres of music. All choral students are instructed in proper vocal/choral technique through a wide variety of music—including, but not limited to, unison and part-singing, acapella and accompanied, classical and contemporary, small and large ensembles, and solo singing. A thorough study of sight-reading skills is achieved through daily, progressive instruction using the Kodaly system. Students are given the opportunity to participate, both within a group and individually, in various choral/vocal competitions through the TMEA (*Texas Music Educators Association*) and TAPPS (*Texas Association of Private and Parochial Schools*) programs. In addition, non-competitive performance opportunities are offered throughout the year in the form of school/community concerts and musical theatre productions.

### **Orchestral Arts Overview**

The strings program at Christian Heritage is committed to providing students a variety of musical experiences through individual and group playing opportunities. All students in the strings program are instructed in the basics of musicianship—that is, intonation, note-reading, note-writing---as well as the general discipline of

what it means to be a member of an orchestral ensemble. Instructional repertoire includes, but is not limited to, the following string-methods series: *Strictly Strings*, *Suzuki*, *Essential Elements*, and *Muller-Rusch*. In addition, hymns and other classical, sacred, and contemporary literature are used throughout the year, employing both unison and harmony playing. Students are given the opportunity to participate, both within a group and individually, in various strings/orchestral competitions through the TMEA (*Texas Music Educators Association*) and TAPPS (*Texas Association of Private and Parochial Schools*) programs. In addition, non-competitive performance opportunities are offered throughout the year in the form of school/community concerts.

### **Theatrical Arts Overview**

The theatre program at Christian Heritage is committed to providing students a variety of speech and drama experiences through individual and group opportunities. Through the use of drama, the imagination, concentration, and team-working skills of each student are sharpened. The class incorporates pantomime and improvisation to enhance creativity, sensory awareness, and movement. In addition, students learn the importance of voice projection and diction, proper blocking and staging, and character development. Students are given the opportunity to participate, both individually and within a group, in various speech/drama competitions through the TAPPS (*Texas Association of Private and Parochial Schools*) OAP (*One-Act Play*) District and State Contests, as well as the TAPPS State Academic, Speech, and Visual Arts Meet. Non-competitive performance opportunities are also offered throughout the year in the form of school/community plays and musical theatre productions.

### **Visual Arts Overview**

The visual arts program at Christian Heritage recognizes that as children of a Creator Father, we have an innate capacity to create. The art elective, thus, is committed to encouraging observation and discovery of the beauty of God's creation and assisting students in discovering their own creative potential. Exposure to artists from various periods helps to inspire students in their own work and allows the opportunity to evaluate art based on principles of design learned in class. Assignments/projects are manageable by students of all skill levels. By applying the elements of art—that is, line, shape, color, texture, etc.)---and the principles of design, students discover not only how to create aesthetically pleasing artwork and photography, but also how to “read” the work of other artists. Students are given the opportunity to enter their work in a competitive setting each year through the TAPPS (*Texas Association of Private and Parochial Schools*) State Academic, Speech, and Art Meet, as well as local art/photography contests/festivals. In addition, non-competitive artistic opportunities are provided in the form of school/community plays and musical theatre productions.

### **Extracurricular Goals**

It is vital that each Christian student participant, sponsor, coach, and spectator be willing to grow and mature so that God will be pleased. As such, we have listed below some goals of our extracurricular programs. We desire to:

- Teach each student to conform to the image of Christ.
- Teach students to work hard together with Christ-like attitudes and actions, sportsmanship, and cooperation.
- Teach submission to authority on and off the field of play or stage.
- Teach diligence; give all your ability and strength to complete a task.
- Teach intensity; give 100% to the task at hand.
- Teach dependability; to do what is expected in all situations, to be faithful to attend all practices, shows, contests, and games.
- Teach humility; to demonstrate that God is the source of your abilities, talents, and successes.
- Teach endurance; to handle stress, hard work, and problems with God's strength.
- Teach self-control; not to let a situation control you, but to control yourself in the situation.

- Teach responsibility; to do all that is expected, with or without direct supervision.
- Teach love; to be self-sacrificing and show real concern for the team or ensemble members, coaches or sponsors, and opponents.
- Teach a Christian perspective of success; making God-honoring choices, giving your best, and having a purpose beyond self.

## **Extracurricular Eligibility Policy**

### **Mid-term**

At mid-term, the Athletic Director and Fine Arts curriculum lead will be notified if any students are struggling academically at the mid-term of each quarter.

### **Nine-weeks**

A Logic or Rhetoric student who earns an average below a 70 in any class at the end of the nine-week grading period is ineligible to participate in extracurricular activities. Ineligibility begins on the first Tuesday immediately following the last day of the nine weeks. If the ineligible student is passing at the end of the second week of the new grading period, he/she becomes eligible for the remaining weeks in the grading period. If a student is still ineligible at the two-week mark, he/she will be reevaluated every week and may regain but not lose eligibility throughout the grading period.

## **Athletic Policies and Guidelines**

CHRISTIAN HERITAGE Athletics has developed these policies and guidelines as tools to help keep athletics in its proper place among priorities at CHRISTIAN HERITAGE. Athletes, coaches, and parents must remember that participation in athletics is an extra-curricular privilege that students must earn and maintain. Athletes are leaders.

Therefore, Christian Heritage Classical School expects its athletes to be leaders in positive ways – both spiritually and academically. The school expects players to show good conduct, sportsmanship, and a Christ-like attitude on and off the field or court.

1. Our 6th graders' participation in logic sports will be dependent upon the actual number of 7th and 8th-grade athletes and the particular sport played.. Some sports require more players than others which makes it more conducive for adding 6th graders. The Athletic Director will assess each sport and the numbers of players to make a decision based on the information given.
2. All logic and rhetoric athletes will pay a fee for each sport played. Rhetoric sports are \$125/sport (rhetoric football is \$175); logic sports are \$100/sport (logic football is \$125). Fees are due by the first practice of each sport (golf is a two-season sport). This fee offsets the cost of uniforms, officials, concessions, tournament fees, etc.
3. All athletes must complete a physical before entering logic school play and must have an updated physical each year a student plays a sport until graduation.
4. Students must return ALL FORMS in a timely manner, respecting deadlines, or they will not be eligible to play.
5. Athletes must be at all practices and games unless excused by the coach.
6. Excused absences to practices and games include family emergencies, sickness, and/or school or church events that conflict with games or practices.
7. Athletes must keep equipment and uniforms issued by CHRISTIAN HERITAGE in good condition and return them at the completion of the athletic season. If uniforms are not returned to the athletic office by the established deadline, a fee of \$25 will be assessed.
8. Student-athletes must maintain passing grades in all subjects (at least a 70).
9. Grades checks will occur at mid-term and at the end of the nine-weeks grading period under both

CHRISTIAN HERITAGE and TAPPS guidelines.

10. While the athlete is ineligible, the athlete will attend practice with his/her team, but not dress or associate with the team at games.
11. It is the athlete's responsibility to ask for assignments that he/she may miss due to games and/or travel. Additionally, before leaving early for a game, the athlete must turn in assignments for classes he/she will miss by leaving early.
12. Because we have limited school transportation, athletes may be responsible for finding transportation to and from games and practices. Athletes must make these arrangements before game day. The Athletic Department will provide addresses to away games. Athletes may drive themselves to and from activities within a 20-mile radius of the school.
13. Athletes must wear a complete uniform with shirts tucked in. No jewelry is allowed, and long hair must be pulled away from the face.
14. Street clothes worn to games must reflect a level of modesty consistent with the CHRISTIAN HERITAGE dress code.
15. Athletes must agree to represent with integrity the name of our Lord, our families, and our school.
16. CHRISTIAN HERITAGE athletes and fans should leave any venue in better shape than it was prior to their arrival.
17. Athletes will set-up and break down the CHRISTIAN HERITAGE gym on game days. Coaches will arrange systems for ensuring this happens.
18. Any athlete ejected from a game is responsible for paying all fines associated with the ejection. If an athlete is ejected, disciplinary actions may be taken by the Athletic Director. Any athlete receiving two ejections in the same sport may be removed from the team at the discretion of the athletic director.
19. Students who quit a sport during the season will not be eligible for postseason awards. Also, the student will not be allowed to participate in the following sport (practice or games) until the sport they quit is completely finished. If there are extenuating circumstances, then a conference will be held with the parents, the athlete, and the athletic director and a final determination will be made by the Athletic Director.

### **Playing Time**

Each student will have different roles in sports and in life. Our students must learn that God desires for us to live righteously in the role we are given. Our desire is to teach each student to participate from a Christian perspective with honorable attitudes and actions regardless of ability. Coaches make selections for playing time based on talent, attitude, and team need. Every member participates equally in practice. All players will have some playing time during the season, but not in every game. The Athletic Department attempts to schedule scrimmages, B team, and junior varsity games for extra playing time and learning experience. A coach must evaluate all the factors subjectively and make the choices for the best combination to fulfill the responsibility that he or she has to the team, and not to just one individual. We should teach our athletes to fulfill their assigned role without grumbling or complaining. The Athletic Director and the coaches humbly ask for your prayers and support as we strive to develop a physically disciplined, intellectually alert, and spiritually alive athlete. We need your encouragement and cooperation as we work together for the benefit of our children and our school.

### **Practice or Rehearsal Participation**

Practice participation is not optional. Student-athletes and those who have committed to fine arts extracurricular activities are expected to attend all practices and rehearsals as scheduled. However, we

understand there are extenuating circumstances. Missed practices and rehearsals can be broken down into two categories: excused and unexcused.

For athletics, excused absences will result in the student having to make up for missed conditioning and possible playing time deduction at the coach's discretion. Unexcused absences will result in having to make up conditioning, mandatory playing time deduction (length to be determined by the coach), and possible dismissal from the team if the issue continues. Makeup conditioning must be completed before participation in any athletic event.

For fine arts, the consequences for missing rehearsals will vary but could result in the student being unable to participate in the final performance or event.

It is the parents' and students' responsibilities to work appointments around practice and rehearsal times.

Examples of excused and unexcused absences are listed below:

#### *Excused Absences*

- An academic or school event that **requires** the student's participation
- Youth or Church event such as Bible study or prayer meeting
- A personal emergency such as a family member or close friend in the hospital
- An injury requiring physical therapy or special conditions
- A substantial and/or contagious illness (please provide a doctor's note if possible)
- A funeral of a family member or close friend
- An event discussed and permission given by the Athletic Director, coach, or sponsor prior to the absence

#### *Unexcused Absences:*

- Couldn't find a ride to practice
- Social activity such as a youth group event to Six Flags or "Movie Night"
- Too much homework
- Anything not discussed with the coach, Athletic Director, or sponsor prior to the absence
- Anything deemed unexcused by the coach, Athletic Director, or sponsor

### **Fall/Spring/Summer Leagues for Athletics**

Competition in leagues outside of normal school-sanctioned competition is always encouraged, but teams wearing Sentinel labeled equipment should be limited to Christian Heritage School athletes. In extenuating circumstances, athletes from other schools may help form a team if authorized by the Athletic Director.

### **Extracurricular Letterman Jackets**

Students who have successfully completed their second season in a single school-sponsored sport will be eligible to purchase a letterman jacket. If a student transfers into CHRISTIAN HERITAGE, past participation at other schools will apply. Students who participate as managers for a team for two seasons will also be eligible to purchase a jacket. When a student meets the requirements for a letter, he or she will receive an award notification that will allow him/her to purchase the letters for his/her jacket. Each coach will assess his or her season and determine who has achieved letterman status. Upon determining qualifiers, the coach will give this information to the Athletic Director, who will notify each student. Each year the students will have two opportunities to order letters and patches. All orders **MUST** meet CHRISTIAN HERITAGE specifications without exception. CHRISTIAN HERITAGE has adopted a specific style and color for the jacket. Students should purchase state and district honor patches after approval of the Athletic Department.

Athletes may place only pre-approved additions/awards on their jackets. Athletes may not place nicknames on their jackets.

### Lettering Qualifications for Chorale

Students in the Christian Heritage choral program (grades 9-12) may earn their letter in choir by earning a minimum of 10 points through completion of a combination of the following requirements:

- Freshman/first-year choir students may earn 3 points at the end of the school year for consistent participation in class, attendance/participation at all choir concerts/ performances, and enrollment in choir for the following year.
- Sophomore/second-year choir students may earn 3 points at the end of the school year for consistent participation in class, attendance/participation at all choir concerts/ performances, and enrollment in choir for the following year.
- Junior/third-year choir students may earn 4 points at the end of the school year for consistent participation in class, attendance/participation at all choir concerts/ performances, and enrollment in choir for the following year.
- Placement in the TMEA (*Texas Music Educators Association*) High School All-Region Mixed Choir will earn 3 points.
- Placement in the TMEA (*Texas Music Educators Association*) High School Pre-Area Choir will earn 2 points.
- Placement in the TMEA (*Texas Music Educators Association*) High School All-State Choir will earn 2 points.
- Class 1 or Class 2 solos that are awarded a 1<sup>st</sup> *Division* ranking at the TAPPS (*Texas Association of Private & Parochial Schools*) State Solo & Ensemble Contest will earn 3 points.
- Class 1, Class 2, or Class 3 ensembles that are awarded a 1<sup>st</sup> *Division* ranking at the TAPPS (*Texas Association of Private & Parochial Schools*) State Solo & Ensemble Contest will earn 2 points.

Students will be notified of their current point total in choir each spring prior to the deadline for submitting letter jacket orders. Any student/parent questions regarding points may be directed to the CHCS Fine Arts Department Lead/Head.

### Lettering Qualifications for Strings

Students in the Christian Heritage strings program (grades 9-12) may earn their letter in strings by earning a minimum of 10 points through completion of a combination of the following requirements:

- Freshman/first-year strings students may earn 3 points at the end of the school year for consistent participation in class, attendance/participation at all strings concerts/ performances, and enrollment in strings for the following year.
- Sophomore/second-year strings students may earn 3 points at the end of the school year for consistent participation in class, attendance/participation at all strings concerts/ performances, and enrollment in strings for the following year.
- Junior/third-year strings students may earn 4 points at the end of the school year for consistent participation in class, attendance/participation at all strings concerts/ performances, and enrollment in strings for the following year.
- Placement in the TMEA (*Texas Music Educators Association*) High School All-Region Orchestra will earn 4 points.

- Placement in the TMEA (*Texas Music Educators Association*) High School All-State Orchestra will earn 3 points.
- Class 1, Class 2, or Class 3 solos that are awarded a 1<sup>st</sup> Division ranking at the TAPPS (*Texas Association of Private & Parochial Schools*) State Solo & Ensemble Contest will earn 3 points.
- Class 1, Class 2, or Class 3 ensembles that are awarded a 1<sup>st</sup> Division ranking at the TAPPS (*Texas Association of Private & Parochial Schools*) State Solo & Ensemble Contest will earn 2 points.

Students will be notified of their current point total for strings each spring prior to the deadline for submitting letter jacket orders. Any student/parent questions regarding points may be directed to the CHCS Fine Arts Department Lead/Head.

### Lettering Qualifications for Theatre

Students in the Christian Heritage theatre program (grades 9-12) may earn their letter in theatre by earning a minimum of 10 points through completion of a combination of the following requirements:

- Freshman/first-year theatre students may earn 3 points at the end of the school year for consistent participation in class, attendance/participation at all theatre events/ performances, and enrollment in theatre for the following year.
- Sophomore/second-year theatre students may earn 3 points at the end of the school year for consistent participation in class, attendance/participation at all theatre events/ performances, and enrollment in theatre for the following year.
- Junior/third-year theatre students may earn 4 points at the end of the school year for consistent participation in class, attendance/participation at all theatre events/ performances, and enrollment in theatre for the following year.
- Participation in a TAPPS (*Texas Association of Private & Parochial Schools*) OAP (*One-Act Play*) cast/crew that places at the TAPPS District OAP Contest will earn 3 points.
- Participation in a TAPPS OAP cast/crew that places at the TAPPS State OAP Contest will earn 4 points.
- Placement in the TAPPS OAP All-Star Cast/Crew at the district contest will earn 2 points.
- Placement in the TAPP OAP All-Star Cast/Crew at the state contest will earn 2 points.
- Honorable Mention recognition as a member of a TAPPS OAP All-Star Cast/Crew at the district contest will earn 1 point.
- Honorable Mention recognition as a member of a TAPPS OAP All-Star Cast/Crew at the district contest will earn 1 point.
- Participation in a speech/acting event that receives 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> place honors at the TAPPS State Academic, Speech, & Art Contest will earn 3 points.

Students will be notified of their current point total in theatre each spring prior to the deadline for submitting letter jacket orders. Any student/parent questions regarding points may be directed to the CHCS Fine Arts Department Lead/Head.

### Lettering Qualifications for Visual Arts

Students in the Christian Heritage visual arts program (grades 9-12) may earn their letter in art by earning a minimum of 10 points through completion of a combination of the following requirements:

- Freshman/first-year art students may earn 3 points at the end of the school year for consistent participation in class, attendance at/participation in all art events, and enrollment in art for the following year.
- Sophomore/second-year art students may earn 3 points at the end of the school year for

consistent participation in class, attendance at/participation in all art events, and enrollment in art for the following year.

- Junior/third-year art students may earn 4 points at the end of the school year for consistent participation in class, attendance at/participation in all art events, and enrollment in art for the following year.
- Participation in a visual arts event that receives 1<sup>st</sup>, 2<sup>nd</sup>, or 3<sup>rd</sup> place honors at the TAPPS (*Texas Association of Private & Parochial Schools*) State Academic, Speech, & Art Contest will earn 3 points.

Students will be notified of their current point total in art each spring prior to the deadline for submitting letter jacket orders. Any student/parent questions regarding points may be directed to the CHCS Fine Arts Department Lead/Head.

### **Guidelines for Handling Grievances**

If an issue or concern arises regarding your student, please contact his/her coach or sponsor during school hours and request an appointment to speak with him or her. If the coach or sponsor is a volunteer and works outside the school, please contact him or her after a practice or game to determine an appropriate time to talk. If you cannot reach the coach or sponsor, please contact the Athletic or Fine Arts Director to ask him/her to set up a meeting with the coach or sponsor. If, after meeting with the coach or sponsor, you feel that the issue is not resolved, please meet with the Athletic or Fine Arts Director to address concerns. If there is still no satisfactory resolution of the issue at this point, please schedule a meeting with an administrator to fulfill the final step in the resolution process. We hope to resolve all issues in a manner that is biblical and satisfactory to all parties involved.